9 Essential Questions about PBA (PseudoBulbar Affect)

Ask yourself:

1. Do I have a neurologic condition or brain injury, and can I describe my uncontrollable crying or laughing episodes in any of the following ways?
   - sudden or unexpected
   - exaggerated (more intense or last longer than the situation calls for)
   - inappropriate or do not match what I am feeling inside

2. Have I avoided spending time with family or friends because of my unpredictable outbursts of crying or laughing?

3. Have I told my doctor I am experiencing these symptoms and that they are bothering me?

4. Could my crying or laughing be mistaken for depression?

Ask your doctor:

5. Do you think I have PBA?

6. How is PBA different from depression?

7. Can NUEDEXTA help me control my PBA outbursts?

8. What can I expect from taking NUEDEXTA?

9. Can I safely continue to take my other medications along with NUEDEXTA?

Important Safety Information

NUDEXTA® (dextromethorphan hydrobromide and quinidine sulfate) 20 mg/10 mg capsules are approved for the treatment of PseudoBulbar Affect (PBA). PBA is a medical condition that causes sudden, frequent and uncontrollable outbursts of crying and/or laughing in people living with certain neurologic conditions or brain injury.

Before you take NUEDEXTA, tell your doctor:

- If you are taking monoamine oxidase inhibitors (MAOIs), quinidine, or quinidine-related drugs. These can interact with NUEDEXTA causing serious side effects. MAOIs cannot be taken within 14 days before or after taking NUEDEXTA.
- If you have previously had an allergic reaction to dextromethorphan, quinidine or quinidine-like drugs.
- About all medicines, herbal supplements, and vitamins you take as NUEDEXTA and certain other medicines can interact causing side effects.
- If you have had heart disease or have a family history of heart rhythm problems. NUEDEXTA may cause serious side effects, including changes in heart rhythm. If you have certain heart problems, NUEDEXTA may not be right for you. Your doctor may test your heart rhythm (heartbeats) before you start NUEDEXTA.
- If you have myasthenia gravis.

While taking NUEDEXTA, call your doctor right away:

- If you feel faint or lose consciousness.
- If you experience lightheadedness, chills, fever, nausea, or vomiting as these may be signs of an allergic reaction to NUEDEXTA. Hepatitis has been seen in patients taking quinidine, an ingredient in NUEDEXTA.
- If you have unexplained bleeding or bruising. Quinidine, an ingredient in NUEDEXTA, can cause a reduction in the number of platelets in your blood which can be severe and, if left untreated, can be fatal.
- If you feel dizzy, since it may increase your risk of falling.
- If you have muscle twitching, confusion, high blood pressure, fever, restlessness, sweating, or shivering, as these may be signs of a potential drug interaction called serotonin syndrome.

The most common side effects of NUEDEXTA are diarrhea, dizziness, cough, vomiting, weakness, and swelling of feet and ankles. This is not a complete list of side effects. Tell your doctor about any side effect that bothers you or does not go away.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 800-FDA-1088.
### Keep track of your episodes.

Having a written record will help you remember your experiences so you can accurately describe your symptoms to your doctor. Bring this chart to your next appointment. To print out additional copies, go to NUEDEXTA.com.

<table>
<thead>
<tr>
<th>Day of the week</th>
<th>Number of episodes per day</th>
<th>Crying or laughing?</th>
<th>Was there a cause?</th>
<th>Impact on you?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Date: ______________</td>
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<tr>
<td>Tuesday</td>
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<td>Wednesday</td>
<td>Date: ______________</td>
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<td>Date: ______________</td>
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<tr>
<td>Sunday</td>
<td>Date: ______________</td>
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