

## Living with the Symptoms of Pseudobulbar Affect (PBA)

### **Onscreen Text:** Living with the Symptoms of Pseudobulbar Affect (PBA)

Patient images reflect their health status at the time the video was taken. The following are real patients and caregivers who have been compensated by Otsuka America Pharmaceutical, Inc., for their time.

PBA is a neurologic condition that causes uncontrollable crying and/or laughing episodes.

It can happen in people living with certain neurologic conditions or brain injury, such as: Traumatic Brain Injury (TBI), Stroke, Multiple Sclerosis (MS), Alzheimer's disease or dementia, Parkinson's disease, Amyotrophic Lateral Sclerosis (ALS)

### **Onscreen Text:**

Sequena

Living with Stroke and PBA

**Sequena:** In the first few months after my stroke, I was having at least five episodes per day. It's more of just uncontrollable crying, uhm... not knowing why or when, happy moments, sad moments. Tears just start coming and, and it's, and then it's like sobbing tears. It's not like, you know, a drip tear or anything like that.

### **Onscreen Text:**

Mary Beth

Living with Epilepsy and PBA

**Mary Beth:** When I have a PBA episode they look different at different times. And one example, I used to call them the laugh cries cause initially it used to be laughing really hard and almost inappropriately and it would go right into tears.

### **Onscreen Text:**

Robert

Living with PBA due to TBI

**Robert:** My journey with Pseudobulbar Affect happened uh, as a result of uh, my time in the Army and on a jump that went bad.

Had an accident and, and uh, after that, almost immediately after that, I started having symptoms of uh the crying episodes that, that just kept, kept coming.

### **Onscreen Text:**

Carol

Living with PBA due to TBI

**Carol:** My accident occurred, I believe it was a Tuesday; by Saturday the crying started. It came out of



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quinidine sulfate) capsules 10 mg

nowhere, I had no idea what was going on. It wasn't just crying in the background or, I was openly sobbing. It went on for sometimes 20 minutes at a time. It happened throughout the entire day.

**Sequena:** My emotions weren't matching what my body was, you know, saying or doing or feeling. It made me feel like something was wrong.

**Mary Beth:** Often people would say, "Oh you're frustrated because," or they'd try to explain it for me or they'd try to tell me I was depressed. The crying was so organic and uncontrollable that I couldn't even had the thought of being depressed or even a sad thought and all of a sudden I was in it.

**Robert:** My- my PBA episodes happened every day. I'm very passionate; can be very passionate about human existence, about creativity, design...and so I would enter a meeting and get passionate about doing something that works, and the tears would come out. And many times I had to get up, excuse myself, and go to the bathroom, throw some water on my face.

**Carol:** What it's like to live with PBA; it's frankly, it's embarrassing. You know that you're fine inside. You know you're not having uh... a tantrum or you're faking or you're attention seeking. You know that it's real. And I wish people knew that it was, you know, a real condition that's treatable.

## Onscreen Text:

Talk to a healthcare specialist experienced in treating PBA  
PBA is treatable  
Please keep watching for NUEDEXTA Indication and IMPORTANT SAFETY INFORMATION.

## Onscreen Text and Narrator:

## INDICATION and IMPORTANT SAFETY INFORMATION for NUEDEXTA® (dextromethorphan HBr and quinidine sulfate)

### INDICATION:

NUEDEXTA is approved for the treatment of Pseudobulbar Affect (PBA).

PBA is a medical condition that causes involuntary, sudden, and frequent episodes of crying and/or laughing in people living with certain neurologic conditions or brain injury. PBA episodes are typically exaggerated or don't match how the person feels. PBA is distinct and different from other types of emotional changes caused by neurologic disease or injury.

NUEDEXTA is only available by prescription.

### IMPORTANT SAFETY INFORMATION:

#### Before you take NUEDEXTA, tell your doctor:

- If you are taking monoamine oxidase inhibitors (MAOIs), quinidine, or quinidine-related drugs. These can interact with NUEDEXTA causing serious side effects. MAOIs cannot be taken within 14 days before or after taking



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## NUEDEXTA.

- If you have previously had an allergic reaction to dextromethorphan, quinidine or quinidine-like drugs.
- About all medicines, herbal supplements, and vitamins you take as NUEDEXTA and certain other medicines can interact causing side effects.
- If you have had heart disease or have a family history of heart rhythm problems. NUEDEXTA may cause serious side effects, including changes in heart rhythm. If you have certain heart problems, NUEDEXTA may not be right for you. Your doctor may test your heart rhythm (heartbeats) before you start NUEDEXTA.
- If you have myasthenia gravis.

### **While taking NUEDEXTA, call your doctor right away:**

- If you feel faint or lose consciousness.
- If you experience lightheadedness, chills, fever, nausea, or vomiting as these may be signs of an allergic reaction to NUEDEXTA. Hepatitis has been seen in patients taking quinidine, an ingredient in NUEDEXTA.
- If you have unexplained bleeding or bruising. Quinidine, an ingredient in NUEDEXTA, can cause a reduction in the number of platelets in your blood which can be severe and, if left untreated, can be fatal.
- If you feel dizzy, since it may increase your risk of falling.
- If you have muscle twitching, confusion, high blood pressure, fever, restlessness, sweating, or shivering, as these may be signs of a potential drug interaction called serotonin syndrome.

**The most common side effects of NUEDEXTA include:** diarrhea, dizziness, cough, vomiting, weakness, and swelling of feet and ankles. This is not a complete list of side effects. Tell your doctor about any side effect that bothers you or does not go away.

You are encouraged to report side effects of NUEDEXTA® (dextromethorphan HBr and quinidine sulfate). Please contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 ([www.fda.gov/medwatch](http://www.fda.gov/medwatch)).

Please see **FULL PRESCRIBING INFORMATION** at [www.NUEDEXTA.com](http://www.NUEDEXTA.com)

### **Onscreen Text:**

PBA is treatable

Talk to a healthcare specialist experienced in treating PBA

[NUEDEXTA logo]

### **Onscreen Text:**

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