

NUEDEXTA Patient Video: Carol

Carol: Hi, my name is Carol and I have Pseudobulbar Affect as a result of a traumatic brain injury. I am a high school librarian; so, I got this huge fire safe because we have all the old yearbooks going back to 1930 – it's so big I was actually inside of the safe and I backed out and it had a low door and I whacked my head so hard and the crying started after my injury.

Onscreen Text:

Carol,
Diagnosed PBA sufferer // NUEDEXTA® Patient

Onscreen Text:

Carol Diaries,
Living with PBA

Carol: Uncontrollable crying is – it's – a difficult to explain how draining that can be.

Onscreen Text:

Carol Diaries,
Living with PBA

Carol: I was sent to therapies, like occupational therapy, and they asked me to come back when I could stop crying because I couldn't get through a session. Another doctor sent me back to work. Imagine teaching a class and you are so worried that you are going to cry in front of 30 teenagers – the stress from not knowing when an episode would come on.

Tim: When the brain injury happened, all she wanted to do was avoid people. *"Let me be."*

Onscreen Text:

Tim,
Carol's Husband // Caregiver

Carol: My husband and I would be in the supermarket and I'd have to run for the car. And, one time we're in the diner and I ran out crying.

Tim: Carol and I would go to this New Year's Eve party, every year, but after she had her traumatic brain injury and she was continuously crying, she wouldn't feel like going out.

Onscreen Text:

Tim Diaries,
The Impact of PBA

Carol: You don't want to be in public having these episodes because it's embarrassing and it was – it was – a very difficult time.

Carol: There were a lot of unknowns through this journey for me. Each month I would get so excited to go to the doctor and like they were going to finally have answers and the only answer was, *“you know, you'll feel better soon,” “you'll feel better soon,”* but the crying wasn't subsiding.

Onscreen Text:

Carol Diaries,
Journey to PBA Diagnosis

Carol: I saw a neuropsychiatrist who put me on a series of anti-depression medicines but I couldn't stop crying and I was crying and crying uncontrollably and I couldn't figure it out. Now you can see where the confusion gets in with having depression – I just couldn't control why I was crying.

Carol: I just started to feel people started to doubt me, not take me seriously, maybe even thought I was faking it – nobody would ever choose to live like this.

Onscreen Text:

Carol Diaries,
Living with PBA

Carol: About that time, my sister who is a nurse – and she's married to a doctor – and they have a friend who is a neurologist, and she got me in to see him. He evaluated all the medications that I was currently taking; after spending time with me and listening to my symptoms, he examined me and then he diagnosed me with Pseudobulbar Affect and said that there is medication for this called NUEDEXTA. He wanted me to be fully aware that there were side effects including diarrhea, dizziness, cough, vomiting, weariness and ankle swelling. Since I've been on NUEDEXTA, I have fewer episodes; there's less fear that I'm going to – you know – embarrass myself at dinner with friends or that I won't be able to do something.

Tim: Because of the less frequent episodes, we're now more comfortable going out to dinner, going to see more movies, playing more golf.

Carol: Because of the lessening of the crying, I just have a certain comfort level.

Carol: I would say to anybody that thinks that they could potentially have PBA is to not give up hope. If your symptoms are not matching how you feel inside, it's time to take the next step; keep doing the research, keep talking to your doctor, don't give up. There is hope.

Onscreen Text:

Carol Diaries,
Don't Give Up

End Card:

NUEDEXTA Logo
VISIT NUEDEXTA.COM
THE ONLY FDA APPROVED TREATMENT PROVEN TO REDUCE PBA EPISODES.

Onscreen Text and Narrator:

**INDICATION and IMPORTANT SAFETY INFORMATION for NUEDEXTA®
(dextromethorphan HBr and quinidine sulfate)**

INDICATION:

NUEDEXTA is approved for the treatment of Pseudobulbar Affect (PBA).

PBA is a medical condition that causes involuntary, sudden, and frequent episodes of crying and/or laughing in people living with certain neurologic conditions or brain injury. PBA episodes are typically exaggerated or don't match how the person feels. PBA is distinct and different from other types of emotional changes caused by neurologic disease or injury.

NUEDEXTA is only available by prescription.

IMPORTANT SAFETY INFORMATION:

Before you take NUEDEXTA, tell your doctor:

- If you are taking monoamine oxidase inhibitors (MAOIs), quinidine, or quinidine-related drugs. These can interact with NUEDEXTA causing serious side effects. MAOIs cannot be taken within 14 days before or after taking NUEDEXTA.
- If you have previously had an allergic reaction to dextromethorphan, quinidine or quinidine-like drugs.
- About all medicines, herbal supplements, and vitamins you take as NUEDEXTA and certain other medicines can interact causing side effects.

- If you have had heart disease or have a family history of heart rhythm problems. NUEDEXTA may cause serious side effects, including changes in heart rhythm. If you have certain heart problems, NUEDEXTA may not be right for you. Your doctor may test your heart rhythm (heartbeats) before you start NUEDEXTA.
- If you have myasthenia gravis.

While taking NUEDEXTA, call your doctor right away:

- If you feel faint or lose consciousness.
- If you experience lightheadedness, chills, fever, nausea, or vomiting as these may be signs of an allergic reaction to NUEDEXTA. Hepatitis has been seen in patients taking quinidine, an ingredient in NUEDEXTA.
- If you have unexplained bleeding or bruising. Quinidine, an ingredient in NUEDEXTA, can cause a reduction in the number of platelets in your blood which can be severe and, if left untreated, can be fatal.
- If you feel dizzy, since it may increase your risk of falling.
- If you have muscle twitching, confusion, high blood pressure, fever, restlessness, sweating, or shivering, as these may be signs of a potential drug interaction called serotonin syndrome.

The most common side effects of NUEDEXTA include: diarrhea, dizziness, cough, vomiting, weakness, and swelling of feet and ankles. This is not a complete list of side effects. Tell your doctor about any side effect that bothers you or does not go away.

You are encouraged to report side effects of NUEDEXTA® (dextromethorphan HBr and quinidine sulfate). Please contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 (www.fda.gov/medwatch).

Please read **FULL PRESCRIBING INFORMATION** at www.NUEDEXTA.COM

Onscreen Text:

NUEDEXTA® (dextromethorphan HBr and quinidine sulfate)

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