

## Jill's Story

**Onscreen Text:** Jill's Story

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PBA is a neurological condition that causes uncontrollable crying and/or laughing episodes.

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It can happen in people living with certain neurologic conditions or brain injury, such as:

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It can happen in people living with certain neurologic conditions or brain injury, such as:

Traumatic Brain Injury (TBI)

Stroke

Multiple Sclerosis (MS)

Alzheimer's disease or dementia

Parkinson's disease

Amyotrophic Lateral Sclerosis (ALS)

**Onscreen Text:**

Patient images reflect their health status at the time the video was taken. The following is a real patient who has been compensated by Otsuka America Pharmaceutical, Inc., for their time.

**Jill:** My name is Jill. I'm from upstate New York.

**Jill:** 17 years ago, I entered into a very brief marriage that was abusive, and I sustained a traumatic brain injury.

**Onscreen Text:**

Jill Living with PBA due to TBI

**Jill:** So after I sustained this injury I- I was going through a rough time, obviously divorcing the husband, and I was crying a lot.

**Jill:** Sometimes I would find myself // with an outburst of crying just while I was grocery shopping or doing something very mundane and not feeling particularly depressed about anything or upset.

**Jill:** When I would have one of these crying episodes it was sobbing. It was a full-on like my best friend just died sobbing, and it would go on for quite a while.



# NUEDEXTA®

(dextromethorphan HBr and 20 mg  
quinidine sulfate) capsules 10 mg

**Jill:** The first inappropriate outburst of laughing I remember was at a funeral because it was so in such an intensely embarrassing and horrifying experience. // The laughter started-- hysterical laughter uh.. like uh.. the kind when you can't stop. // It was very inappropriate and embarrassing, and I would-- I left immediately.

**Jill:** The crying episodes were-- went on for 10 years with me seeking help from psychiatrists for depression.

**Jill:** Naturally I was put on antidepressants, they didn't work. The next antidepressant didn't work.

**Jill:** None of them had any effect on the outbursts of crying.

**Jill:** I did eventually stop socializing, stop going out as much. I started isolating, and that lasted for a long time. // I no longer wanted to go out and just have fun with people. I just felt more comfortable at home.

**Jill:** I started seeing a new psychiatric nurse practitioner, and I was determined to discover why I was having these issues. // So she started asking questions about-- just outta-the-box questions more. She asked me if I'd ever sustained a head injury, a serious one.

**Jill:** ...if I had ever had laughing episodes or crying episodes that weren't connected or weren't matching the emotions I was feeling.

**Jill:** She had me fill-out a particular questionnaire, and I filled it out, and afterwards she suggested that I may have pseudobulbar affect, which I had never heard of before.

**Onscreen Text:**

NUEDEXTA® (dextromethorphan HBr and quinidine sulfate) is approved for the treatment of Pseudobulbar Affect (PBA).

**Jill:** After I got the diagnosis of PBA my nurse practitioner explained that there was a medication called NUEDEXTA.

**Jill:** that was approved to help reduce PBA episodes.

**Onscreen Text:**

The most common side effects of NUEDEXTA include: diarrhea, dizziness, cough, vomiting, weakness, and swelling of feet and ankles.

**Jill:** We talked about the risks and the benefits of NUEDEXTA and decided it would be good option for me.

**Jill:** After starting NUEDEXTA I noticed a reduction in my PBA episodes.

**Jill:** There would be times I'd be out with my friends or go to a show or an event and get home and realize that might've been a time that something in the old days would've been a- an episode that was humiliating,

**Onscreen Text:**

Individual results may vary.



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**Jill:** ...and this time I didn't have an episode.

## **Onscreen Text:**

Please read **IMPORTANT SAFETY INFORMATION** at the end of this video.

**Jill:** I had been searching for so long for answers, for help, for a medication uhm.. just to get to the bottom of what was happening to me, so to learn about this a- as a neurological condition and that there was a treatment that worked for me? Uh.. it was- it was a great sense of relief.

**Jill:** With Nuedexta I feel good, and I'm looking forward to what lies ahead.

## **Onscreen Text:**

Talk to a healthcare specialist experienced in treating PBA

PBA is treatable

Please keep watching for NUEDEXTA Indication and IMPORTANT SAFETY INFORMATION.

## **Onscreen Text and Narrator:**

### **INDICATION and IMPORTANT SAFETY INFORMATION for NUEDEXTA® (dextromethorphan HBr and quinidine sulfate)**

#### **INDICATION:**

NUEDEXTA is approved for the treatment of Pseudobulbar Affect (PBA).

PBA is a medical condition that causes involuntary, sudden, and frequent episodes of crying and/or laughing in people living with certain neurologic conditions or brain injury. PBA episodes are typically exaggerated or don't match how the person feels. PBA is distinct and different from other types of emotional changes caused by neurologic disease or injury.

NUEDEXTA is only available by prescription.

#### **IMPORTANT SAFETY INFORMATION:**

##### **Before you take NUEDEXTA, tell your doctor:**

- If you are taking monoamine oxidase inhibitors (MAOIs), quinidine, or quinidine-related drugs. These can interact with NUEDEXTA causing serious side effects. MAOIs cannot be taken within 14 days before or after taking NUEDEXTA.
- If you have previously had an allergic reaction to dextromethorphan, quinidine or quinidine-like drugs.
- About all medicines, herbal supplements, and vitamins you take as NUEDEXTA and certain other medicines can interact causing side effects.
- If you have had heart disease or have a family history of heart rhythm problems. NUEDEXTA may cause serious side effects, including changes in heart rhythm. If you have certain heart problems, NUEDEXTA may not be right for you. Your doctor may test your heart rhythm (heartbeats) before you start NUEDEXTA.
- If you have myasthenia gravis.



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## While taking NUEDEXTA, call your doctor right away:

- If you feel faint or lose consciousness.
- If you experience lightheadedness, chills, fever, nausea, or vomiting as these may be signs of an allergic reaction to NUEDEXTA. Hepatitis has been seen in patients taking quinidine, an ingredient in NUEDEXTA.
- If you have unexplained bleeding or bruising. Quinidine, an ingredient in NUEDEXTA, can cause a reduction in the number of platelets in your blood which can be severe and, if left untreated, can be fatal.
- If you feel dizzy, since it may increase your risk of falling.
- If you have muscle twitching, confusion, high blood pressure, fever, restlessness, sweating, or shivering, as these may be signs of a potential drug interaction called serotonin syndrome.

**The most common side effects of NUEDEXTA include:** diarrhea, dizziness, cough, vomiting, weakness, and swelling of feet and ankles. This is not a complete list of side effects. Tell your doctor about any side effect that bothers you or does not go away.

You are encouraged to report side effects of NUEDEXTA® (dextromethorphan HBr and quinidine sulfate). Please contact Otsuka America Pharmaceutical, Inc. at 1-800-438-9927 or FDA at 1-800-FDA-1088 ([www.fda.gov/medwatch](http://www.fda.gov/medwatch)).

Please see **FULL PRESCRIBING INFORMATION** at [www.NUEDEXTA.com](http://www.NUEDEXTA.com)

### Onscreen Text:

PBA is treatable

Talk to a healthcare specialist experienced in treating PBA

[NUEDEXTA logo]

### Onscreen Text:

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